



Building Faith | Inspiring Hope | Igniting Change

## TRINITY MISSIONS®

MISSIONARY SERVANTS OF THE MOST HOLY TRINITY

### Addiction Ministry Training: *Participant Commitment Agreement*

#### What Content & Qualification Does iTHIRST Provide?

This course and training offers **48 hours of comprehensive, academically certified, faith-based formation. Those completing this training receive Spiritual Companionship certification and are qualified to assist individuals suffering from addictions and their families.**

Program participants will:

- Study the spiritual dimension of the disease of addiction, including its devastating physiological and psychological effects.
- Learn pastoral care strategies appropriate for this population and motivational interviewing and listening techniques.
- Receive Spiritual Companion Certification through Seton Hall University in New Jersey along with an official iThirst companion card to promote their service to their community
- Receive 4.8 Continuing Education Units.

#### How Will Training Be offered?

The Spiritual Companionship training will be offered **virtually**, for eight weeks, twice a week (3 hr. sessions)

**July 15, 2025 – September 4, 2024.**

***Tuesday and Thursday evenings***

***7-10pm Eastern Time, 6 – 9pm Central Time, 5-8pm Mountain Time, 4-7pm Pacific Time.***

**Catholic Extension, in partnership with Missionary Servants of the Most Holy Trinity**, have partnered together to sponsor each participant through a special grant, as extension diocese participants, bringing this at no cost to you or the diocese.

By signing this agreement, you agree to commit to the program dates, attend classes twice a week via zoom, actively participate and submit a final exam. Applicants must have laptop (or iPad, minimally) for viewing several presentations and important pages from the course textbook. **Class zoom sessions cannot be taken via phone.** Please have a working screen to show face, due to the interactive and sensitive nature of the program.

***Please sign and submit to your diocesan contact.***

I have read the Terms and Conditions of the Agreement and agree to uphold my individual commitment.

---

Participant First and Last Name

Signature and Date

Addiction Ministry Training 2025:  
Certification and Training for clergy, religious, and laity  
Updated April 2025