

CATHOLIC  EXTENSION

Building Faith | Inspiring Hope | Igniting Change

# REJOICE, O EARTH

*2024 Appointment Calendar*

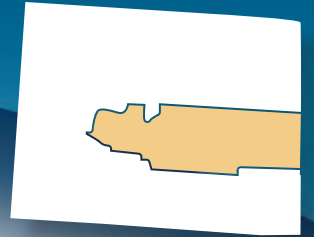
**THE OFFICIAL CATHOLIC CALENDAR FOR OVER 100 YEARS**

One hundred percent of the proceeds we raise from our calendars strengthens the presence and mission of the Catholic Church in under-resourced Catholic communities across the United States. Thank you for your support.

# DIOCESE OF COLORADO SPRINGS

The Diocese of Colorado Springs is located in central Colorado and extends from the Rocky Mountains to the Eastern Plains. The state's population has grown rapidly in recent years, and since the diocese was founded in 1984 its Catholic population has nearly tripled. Support for an increasing number of lay leaders, deacons and seminarians helps the diocese serve families across the region.

Garden of the Gods, Colorado Springs, CO



You are the LORD, you alone;  
You made the heavens,  
the earth and all that is upon it,  
the seas and all that is in them.  
To all of them you give life.

*Nehemiah 9:6*

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# DIOCESE OF FAIRBANKS

The Diocese of Fairbanks is the largest diocese in the United States, covering over 400,000 square miles. It is home to many Native Alaskan communities as well as military personnel. Most of the diocese's 46 parishes are accessible only by boat, plane or snowmobile. Catholic Extension helps priests travel to these remote villages and supports ministries that enable indigenous lay leaders and deacons to lead their parishes.

Fairbanks, AK



Let the plains be joyful and all that is in them.  
Then let all the trees of the forest rejoice  
before the LORD who comes to govern the earth.

*Psalm 96; 12-13*

Photo by Rich Kalonick

# DIOCESE OF CHEYENNE

Established in 1887, the Diocese of Cheyenne encompasses the entire state of Wyoming. The diocese contains beautiful national parks, like Yellowstone, the Wind River Indian Reservation, and rural cattle ranching and mining communities. Catholic Extension supports the travel costs of priests who journey as much as 150 miles a day to reach remote parishes.

Yellowstone National Park, Wyoming



Sing a new song to the LORD,  
for he has done marvelous deeds.

*Psalm 98:1*

Photo by Rich Kalonick

# DIOCESE OF FRESNO

The Diocese of Fresno covers much of central California with incredibly varied landscapes, including vast agricultural fields, the famous sequoia trees, Death Valley, and the Sierra Nevada Mountain range. Catholic Extension has supported new leaders in the diocese by providing scholarships for young people to obtain master's degrees in theology through our Young Adult Leadership Initiative.

Vineyard in Easton, CA



I am the vine, you are the branches. Whoever remains in me and I in him will bear much fruit, because without me you can do nothing.

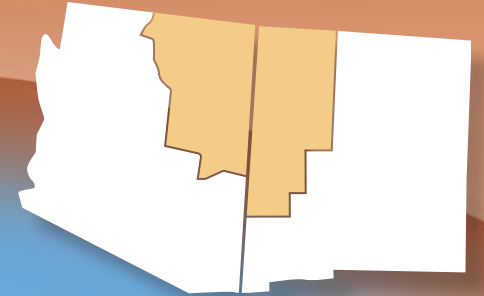
*John 5:15*

Photo by Rich Kalonick

# DIOCESE OF GALLUP

The Diocese of Gallup covers territories in eastern Arizona and western New Mexico and is home to many distinct native peoples, including the Navajo, Zuni, Hopi, Apache, and Pueblo peoples. Catholic Extension supports the parishes on these lands, which affirm and celebrate native culture and offer life-saving and empowering support such as food, fresh water, Catholic education and more.

Monument Valley near Kayenta, AZ



Though the mountains fall away  
and the hills be shaken,  
My love shall never fall away from you  
says the LORD, who has mercy on you.

*Isaiah 54:10*

# DIOCESE OF LEXINGTON

The Diocese of Lexington serves the heart of the Appalachian region. In many areas of the diocese Catholics represent less than 1 percent of the population, but the Catholic Church has an outsized presence in these beautiful, ancient mountains. Catholic Extension built many of the region's Catholic churches and offers salary support for lay leaders, religious sisters and priests who minister to families with few economic resources.

Hills near McKee, KY



For the LORD is the great God,  
whose hand holds the depths of the earth;  
who owns the tops of the mountains.

*Psalm 95: 3-4*

Photo by Rich Kalonick

# DIOCESE OF ST. THOMAS

The Diocese of St. Thomas serves the U.S. Virgin Islands, a territory in the Caribbean that comprises three main islands and 50 smaller islands and cays. These islands are home to a great diversity of cultures. Catholic Extension supports the diocese's essential ministries and parishes, which provide spiritual care, joy and community engagement.

St. Thomas, U.S. Virgin Islands



God called the dry land “earth,”  
and the basin of water he called “sea.”  
God saw that it was good.

*Genesis 1:10*

Photo by Rich Kalonick



# DIOCESE OF LAREDO

In the Diocese of Laredo, approximately 90 percent of the population is Catholic. Although it is the newest diocese in the U.S., the region has a rich history of Catholicism, dating back centuries. Today, Catholic Extension is helping the diocese develop leaders, offer religious education, and reach out to families living on the margins.

*Cacti near Laredo, TX*



In the wilderness prepare the way  
of the LORD! Make straight in the  
wasteland a highway for our God!  
Every valley shall be lifted up, every  
mountain and hill made low... Then the  
glory of the LORD shall be revealed.

*Isaiah 40:3-5*

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# DIOCESE OF SACRAMENTO

The Diocese of Sacramento, established in 1886, boasts millions of acres of forested mountains, as well as fertile soil. The diocese includes over 100 parishes and 40 missions interspersed among these landscapes. Catholic Extension is helping the diocese in its efforts to build a stronger presence in the rural northern region of the state, by supporting the ministry of religious sisters and repairing churches.

*West Coast California*



Then God said:  
Let the earth bring forth vegetation:  
every kind of plant that bears seed  
and every kind of fruit tree on earth.  
And so it happened.

*Genesis 1:11*

Photo by Rich Kalonick

# DIOCESE OF JEFFERSON CITY

The Diocese of Jefferson City covers 38 counties in central and northeastern Missouri. Its geography ranges from flat plains and farmland to the waterways and forests of the Ozarks. Catholic Extension is building up the next generation of Catholic leaders by supporting seminarian education and youth ministries.

*Harry S. Truman State Park, Warsaw, MO*



Stand and consider the marvels of God!  
Do you know how God  
lays his command upon them,  
and makes the light  
shine forth from his clouds?

*Job 37:14-15*

# DIOCESE OF STEUBENVILLE

The Diocese of Steubenville is part of Appalachia, stretching along the eastern border of Ohio. Small towns are scattered throughout the beautiful forests and hills of this region. Catholic Extension has provided support to help this diocese plan for its future and strengthen its Catholic infrastructure and institutions accordingly.

*Southeastern Ohio*



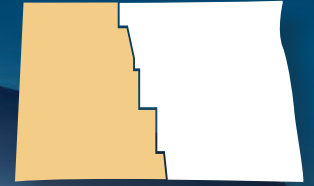
For in him were created all things in heaven and on earth, the visible and the invisible, all things were created through him and for him.

*Colossians 1:16*

# DIOCESE OF BISMARCK

The Diocese of Bismarck was established in 1909 and encompasses the western half of North Dakota. The region is part of the Great Plains where there are extensive farmlands. In recent years, many newcomers have arrived to work in the state's oil industry, prompting Catholic Extension to support the pastoral care of these workers and their families.

*Theodore Roosevelt National Park, Medora, ND*



O LORD, our Lord,  
how awesome is your name through all the earth!  
I will sing of your majesty above the heavens.

*Psalm 8:2*

# CATHOLIC EXTENSION

Building Faith | Inspiring Hope | Igniting Change



By displaying this calendar in your home or workplace, you, along with our sponsors, are joining millions of other Catholics in supporting the work of Catholic Extension. While Catholic Extension's calendars are inspiring, they also serve a crucial purpose: 100 percent of the proceeds go directly to impoverished Catholic communities across the United States.

Since 1905, Catholic Extension has partnered with donors—committed Catholics just like you—to bring the Church to all corners of our country. Our mission is to build faith, inspire hope and ignite change in parishes that are alive with faith and spirit but lack financial resources to support their ministries and programs. They can't do it alone. With the help of our donors, we provide the necessary resources to more than 86 mission dioceses, from Alaska to the Gulf Coast, that serve 15 million Catholics—**one in every five Catholics in America.**

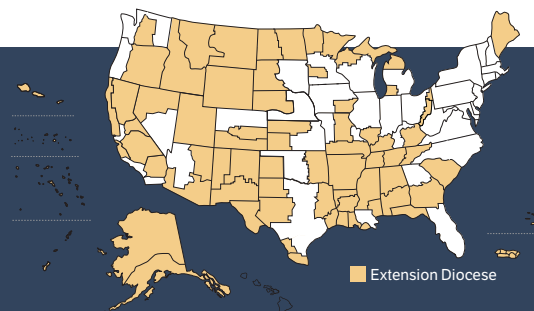
As you enjoy this calendar, I invite you to open your heart and learn more about Catholic Extension. Visit us at [catholicextension.org](http://catholicextension.org) or call us at **800-842-7804**. Find out how you can deepen your relationship with Catholic Extension and strengthen the link between faith and charity in your own life.

Yours in Christ,



Rev. John J. Wall, President

**SERVING ONE  
IN EVERY FIVE  
CATHOLICS  
IN AMERICA**



**LEARN MORE AT CATHOLICEXTENSION.ORG OR CALL US AT 800-842-7804.**

## CALENDAR KEY

**Colors of the Liturgical Year** are displayed in the date number:

- |                                     |                                  |
|-------------------------------------|----------------------------------|
| <b>1</b> Advent & Lent              | <b>4</b> The Triduum             |
| <b>2</b> Easter & Christmas Seasons | <b>5</b> Holy Days of Obligation |
| <b>3</b> Ordinary Time              | <b>6</b> Penitential Day         |

Holy Days of Obligation are red and uppercase:

**THE ASCENSION OF THE LORD**

Solemnities, feasts and obligatory memorials are uppercase:

ST. ELIZABETH ANN SETON

Optional memorials are capitalized:

St. Hilary

National holidays appear in italic:

*Mother's Day*

Federal holidays appear in italic with a star:

*Thanksgiving Day* ★

Vestment colors are noted last, with abbreviations:

**B** = BLACK   **R** = RED   **V** = VIOLET  
**G** = GREEN   **RO** = ROSE   **W** = WHITE

Lunar phases are observed in Coordinated Universal Time (UTC).

## ABSTINENCE

Abstinence is a penitential practice consisting of refraining from the consumption of meat and is to be observed by all Catholics who are 14 years of age and older. Ash Wednesday, Good Friday and the Fridays during Lent are days of abstinence. Pastors and parents are encouraged to see that children who are not bound by the obligation to fast and abstain are led to appreciate an authentic sense of penance.

## FAST & ABSTINENCE

In addition to abstinence, fasting is to be observed by all Catholics between the ages of 18 and 59 years (inclusive). On Ash Wednesday and Good Friday, one full meal is allowed. Two smaller meals, sufficient to maintain strength, may be taken according to one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed. Note: Those who are unable to observe the above regulations due to ill health or other serious reasons are urged to practice other forms of self-denial that are suitable to their condition.