

Devotions to Our Lady

HOW WE PRAY THE ROSARY



CATHOLIC  EXTENSION

Building Faith | Inspiring Hope | Igniting Change

THE OFFICIAL CATHOLIC CALENDAR FOR OVER 100 YEARS

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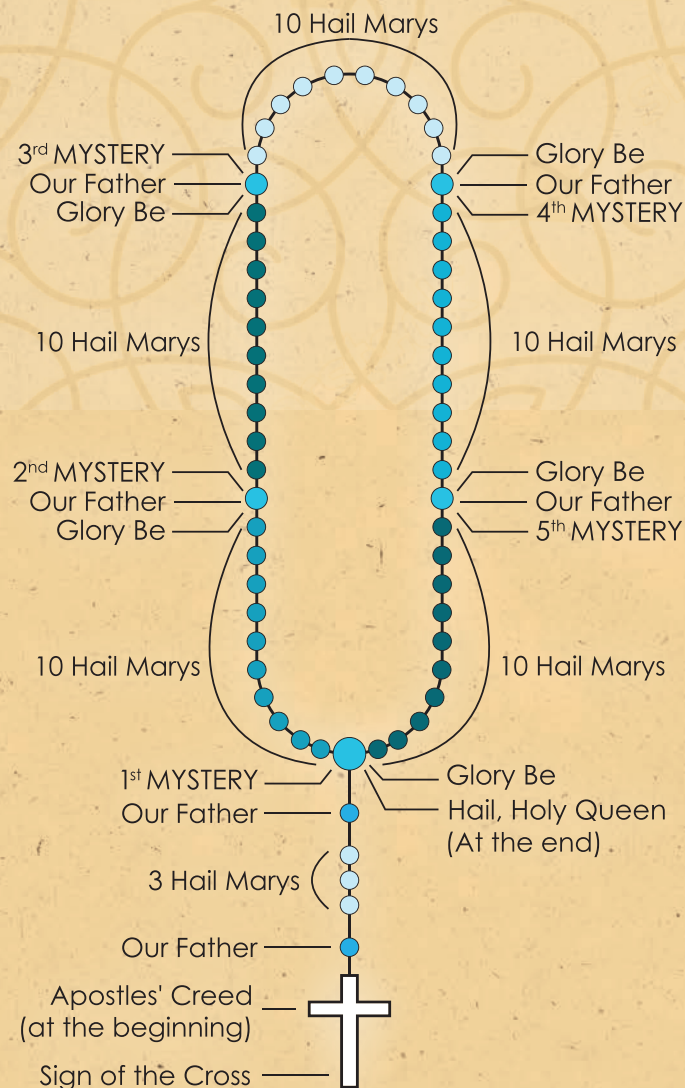
How We Pray the Rosary



The purpose of the Rosary is to help keep in memory certain major events or mysteries in the life and death of Jesus of Nazareth and to honor Mary as the mother of Jesus.

The Rosary has four sets: **Joyful Mysteries, Luminous Mysteries, Sorrowful Mysteries, and Glorious Mysteries.** Each set is composed of five events or mysteries of the life and death of Jesus of Nazareth and is recited on designated days of the week.

- Begin at the crucifix and pray the *Apostles' Creed*. (See February.)
- On the next large bead, pray the *Our Father*. (See March.)
- On each of the next three small beads, pray the *Hail Mary*. (See April.)
- Then, pray the *Glory Be*. (See below.)
- Announce the first mystery for that day of the week. (Read more about the mysteries in May, June, July, and August.)
- On the large bead pray the *Our Father*.
- On each of the next ten beads pray the *Hail Mary*.
- At the end of each mystery, pray the *Glory Be* and the *Fatima Prayer*:
Glory be to the Father, to the Son, and to the Holy Spirit, as it was in the beginning, is now, and ever shall be, world without end. O My Jesus, forgive us our sins, save us from the fires of hell and lead all souls to heaven, especially those in most need of Thy mercy. Amen
- Announce the second mystery for that day of the week and repeat.
- To complete the Rosary, pray the *Hail, Holy Queen*. (See September.)



JANUARY 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

Pope Saint John Paul II decided to add another set of five mysteries to those already in the Rosary, calling them *Mysteries of Light*. They cover the public life of Jesus from His baptism in the Jordan to the institution of the Eucharist.

DECEMBER 2020

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FEBRUARY

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1 SOLEMNITY OF MARY, THE HOLY MOTHER OF GOD

The Octave Day of the Nativity of the Lord
First Friday of the Month
New Year's Day ★

W

2 STS. BASIL THE GREAT AND GREGORY NAZIANZEN, BISHOPS AND DOCTORS OF THE CHURCH

Christmas Weekday

W

3 THE EPIPHANY OF THE LORD

W

4 ST. ELIZABETH ANN SETON, RELIGIOUS

W

5 ST. JOHN NEUMANN, BISHOP

W

6 St. André Bessette, Religious

WW

7 St. Raymond of Penyafort

WWW

8 Christmas Weekday

W

9 Christmas Weekday

W

10 THE BAPTISM OF THE LORD

W

11 FIRST WEEK IN ORDINARY TIME

G

12 G

13 St. Hilary, Bishop and Doctor of the Church

GW

14 G

15 G

16 GW

17 SECOND SUNDAY IN ORDINARY TIME

G

18 Martin Luther King Jr. Day ★

G

19 G

20 St. Fabian, Pope and Martyr St. Sebastian, Martyr

GRIR

21 ST. AGNES, VIRGIN AND MARTYR

R

22 DAY OF PRAYER FOR THE LEGAL PROTECTION OF UNBORN CHILDREN

W or V

23 St. Vincent, Deacon and Martyr St. Marianne Cope, Virgin

GRWWW

24 THIRD SUNDAY IN ORDINARY TIME

G

25 THE CONVERSION OF ST. PAUL THE APOSTLE

W

26 STS. TIMOTHY AND TITUS, BISHOPS

W

27 St. Angela Merici, Virgin

GW

28 ST. THOMAS AQUINAS, PRIEST AND DOCTOR OF THE CHURCH

W

29 G

30 GW

31 FOURTH SUNDAY IN ORDINARY TIME

G

Apostles' Creed

The Rosary begins with the recitation of the *Apostles' Creed*, as basis of the contemplative journey about to be undertaken. The *Apostles' Creed* is a statement of faith on what the Apostles taught.

*I believe in God,
the Father almighty,
Creator of heaven and earth,
and in Jesus Christ, his only Son, our Lord,
who was conceived by the Holy Spirit,
born of the Virgin Mary,
suffered under Pontius Pilate,
was crucified, died and was buried;
he descended into hell;
on the third day he rose again from the dead;
he ascended into heaven,
and is seated at the right hand of God the Father almighty;
from there he will come to judge the living and the dead.*





































*I believe in the Holy Spirit,
the Holy Catholic Church,
the communion of saints,
the forgiveness of sins,
the resurrection of the body,
and life everlasting.*


Amen.



Jesus Returning the Key to St. Peter
Jean Ingres, 1820

FEBRUARY 2021

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|--|---|---|---|---|--|--|
| JANUARY S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31 | 1  | 2 THE PRESENTATION OF THE LORD  | 3 St. Blaise, Bishop and Martyr St. Ansgar, Bishop    | 4  | 5 ST. AGATHA, VIRGIN AND MARTYR First Friday of the Month  | 6 ST. PAUL MIKI AND COMPANIONS, MARTYRS  |
| 7 FIFTH SUNDAY IN ORDINARY TIME  | 8 St. Jerome Emiliani St. Josephine Bakhita, Virgin    | 9  | 10 ST. SCHOLASTICA, VIRGIN  | 11 Our Lady of Lourdes   | 12  | 13   |
| 14 SIXTH SUNDAY IN ORDINARY TIME St. Valentine's Day  | 15 Presidents Day ★  | 16  | 17 ASH WEDNESDAY   | 18 THURSDAY AFTER ASH WEDNESDAY  | 19 FRIDAY AFTER ASH WEDNESDAY   | 20 SATURDAY AFTER ASH WEDNESDAY  |
| 21 FIRST SUNDAY OF LENT  | 22 THE CHAIR OF ST. PETER THE APOSTLE  | 23 St. Polycarp, Bishop and Martyr  | 24  | 25  | 26   | 27  |

28 SECOND SUNDAY OF LENT


“Repeating the invocation of the *Hail Mary*, we can deepen our comprehension of the essential events of the mission of the Son of God on Earth, that have been passed down to us by the gospel and by tradition.”

Saint John Paul II, General Audience, Wednesday, October 16, 2002

MARCH

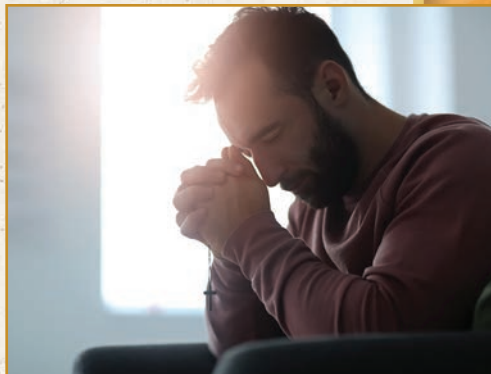
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Our Father

When praying the Rosary, *Our Father*, also called *The Lord's Prayer*, is recited at the beginning of each of the Rosary mysteries to remind ourselves that we are God's children.

*Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come;
thy will be done on earth as it is in heaven.
Give us this day our daily bread;
and forgive us our trespasses
as we forgive those who trespass
against us;
and lead us not into temptation,
but deliver us from evil.*

Amen



The Holy Trinity
Giovanni Maria Conti della Camera, 17th century

MARCH 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

FEBRUARY

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1 ^V

2 ^V

3 St. Katharine Drexel,
Virgin
^V

4 St. Casimir
^V

5 First Friday of the Month
^V ∞

6 ^V



7 THIRD SUNDAY
OF LENT
^V

8 St. John of God,
Religious
^V

9 St. Frances of Rome,
Religious
^V

10 ^V

11 ^V

12 ^V ∞

13 ^V



14 FOURTH SUNDAY
OF LENT
*Daylight Saving
Time Begins*
^V o ^{RS}

15 ^V

16 ^V

17 St. Patrick, Bishop
St. Patrick's Day
^V

18 St. Cyril of Jerusalem,
Bishop and Doctor
of the Church
^V

19 ST. JOSEPH,
SPOUSE OF THE
BLESSED VIRGIN
MARY
^V ∞

20 ^V

21 FIFTH SUNDAY
OF LENT
^V

22 ^V

23 St. Turibius of
Mogrovejo, Bishop
^V

24 ^V

25 THE
ANNUNCIATION
OF THE LORD
^V

26 ^V ∞

27 ^V

28 PALM SUNDAY OF
THE PASSION OF
THE LORD
^R

29 MONDAY OF
HOLY WEEK
^V

30 TUESDAY OF
HOLY WEEK
^V

31 WEDNESDAY OF
HOLY WEEK
^V

The Rosary is an effective way of
contemplating the Christian mystery.

APRIL

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Hail Mary

The *Hail Mary* is recited at the beginning of each of the Rosary mysteries to honor Mary for her acceptance of her calling from God. Without Mary's "yes", we would not have Jesus in human flesh to redeem us.

*Hail Mary, full of grace,
the Lord is with you.
Blessed are you among women,
and blessed is the fruit of your womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.*

Amen.



Virgin in Prayer
Giovanni Battista Salvi (Sassoferrato), 17th century

APRIL 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

With the serene succession of *Hail Marys*, the Rosary has a peaceful effect on those who pray it, disposing them to receive and experience in their depths that true peace which is the special gift of the Risen Lord.

Saint John Paul II Apostolic Letter *Rosarium Virgins Maria* (adapted)

| MARCH | | | | | | |
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1 THURSDAY OF HOLY WEEK (HOLY THURSDAY)
W

2 FRIDAY OF PASSION OF THE LORD (GOOD FRIDAY)
First Friday of the Month
R

3 HOLY SATURDAY
W

4 EASTER SUNDAY OF THE RESURRECTION OF THE LORD
W

5 MONDAY WITHIN THE OCTAVE OF EASTER
W

6 TUESDAY WITHIN THE OCTAVE OF EASTER
W

7 WEDNESDAY WITHIN THE OCTAVE OF EASTER
W

8 THURSDAY WITHIN THE OCTAVE OF EASTER
W

9 FRIDAY WITHIN THE OCTAVE OF EASTER
W

10 SATURDAY WITHIN THE OCTAVE OF EASTER
W

11 SECOND SUNDAY OF EASTER (OR SUNDAY OF THE DIVINE MERCY)
W

12 W

13 St. Martin I, Pope and Martyr
WR

14 W

15 W

16 W

17 W

18 THIRD SUNDAY OF EASTER
W

19 W

20 W

21 St. Anselm, Bishop and Doctor of the Church
WW

22 W

23 St. George, Martyr St. Adalbert, Bishop and Martyr
WR

24 St. Fidelis of Sigmaringen, Priest and Martyr
WR

25 FOURTH SUNDAY OF EASTER
W

26 W

27 W

28 St. Peter Chanel, Priest and Martyr St. Louis Grignon de Montfort, Priest
WRW

29 ST. CATHERINE OF SIENA, VIRGIN AND DOCTOR OF THE CHURCH
W

30 St. Pius V, Pope
WW

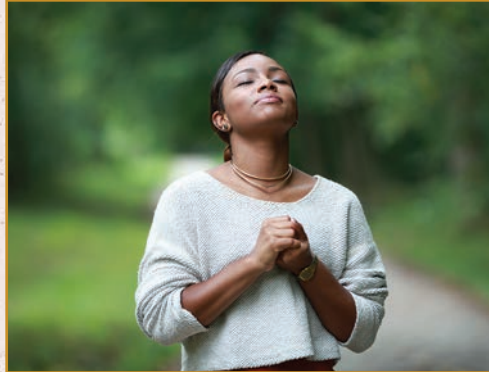
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Joyful Mysteries

The central meaning of the Joyful Mysteries is the jubilant beginning of our redemption. By meditating on them, we recount the events leading to the birth of Jesus and His early years.

Pray the Joyful Mysteries on Mondays and Saturdays.

1. **The Annunciation:** The Angel of the Lord announces God's plan to Mary.
2. **The Visitation:** Mary visits her cousin Elizabeth.
3. **The Nativity:** Jesus is born in a stable in Bethlehem.
4. **The Presentation:** Jesus is presented in the Temple of Jerusalem.
5. **The Finding of Jesus in the Temple:** Jesus sits in the midst of the teachers, both listening to them and asking them questions.



The Annunciation
Jean-Baptiste Despax, 18th Century
Carmelite Chapel, Toulouse, France

MAY 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

The Rosary is both meditation and supplication. Insistent prayer to the Mother of God is based on confidence that her maternal intercession can obtain all things from the heart of her Son.

Saint John Paul II Apostolic Letter *Rosarium Virginis Mariae*

APRIL

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JUNE

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1 St. Joseph the Worker
WW

2 FIFTH SUNDAY OF EASTER
W

3 Sts. Philip and James, Apostles
R

4 W

5 W

6 W

7 First Friday of the Month
W

8 W

9 SIXTH SUNDAY OF EASTER
Mother's Day
W

10 St. Damien de Veuster, Priest
WW

11 W

12 Sts. Nereus and Achilleus, Martyrs
St. Pancras, Martyr
WR

13 Our Lady of Fatima
WW

THE ASCENSION OF THE LORD
Ecclesiastical Provinces of Boston, Hartford, New York, Newark, Omaha and Philadelphia
W

14 St. Matthias, Apostle
R

15 St. Isidore
WW

16 THE ASCENSION OF THE LORD
W

17 W

18 St. John I, Pope and Martyr
WR

19 W

20 St. Bernardine of Siena, Priest
WW

21 St. Christopher Magallanes, Priest and Companions, Martyrs
WR

22 St. Rita of Cascia, Religious
WW

SEVENTH SUNDAY OF EASTER
Ecclesiastical Provinces of Boston, Hartford, New York, Newark, Omaha and Philadelphia
W

23 PENTECOST SUNDAY
R

24 THE BLESSED VIRGIN MARY, MOTHER OF THE CHURCH
Memorial Day ★ W

25 EIGHTH WEEK IN ORDINARY TIME
St. Bede the Venerable, Priest and Doctor of the Church
St. Gregory VII, Pope
St. Mary Magdalene de' Pazzi, Virgin
GW

26 ST. PHILIP NERI, PRIEST
W

27 St. Augustine of Canterbury, Bishop
GW

28 G

29 St. Paul VI, Pope
GW

30 THE MOST HOLY TRINITY
W

31 THE VISITATION OF THE BLESSED VIRGIN MARY
W

Sorrowful Mysteries

The Sorrowful Mysteries help us, as believers, to recall the death of Jesus by standing at the foot of the cross beside Mary and to enter with her into the depths of God's love for us.

Pray the Sorrowful Mysteries on Tuesdays and Fridays.

1. **The Agony in the Garden:** Jesus prays in the Garden of Gethsemane on the night before his death.
2. **The Scourging at the Pillar:** Jesus is lashed with whips.
3. **The Crowning with Thorns:** Jesus is ridiculed and crowned with thorns.
4. **The Carrying of the Cross:** Jesus carries the cross that will be used to crucify him.
5. **The Crucifixion:** Jesus is nailed to the cross and dies.



Angel Comforting Jesus in the Garden of Gethsemane
Carl Heinrich Bloch, 1873

JUNE 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

MAY

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JULY

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1 ST. JUSTIN, MARTYR
NINTH WEEK IN
ORDINARY TIME
R

2 Sts. Marcellinus and
Peter, Martyrs
GR

3 ST. CHARLES LWANGA
AND COMPANIONS,
MARTYRS
R

4 First Friday of the
Month
G

5 ST. BONIFACE,
BISHOP AND
MARTYR
R

6 THE MOST HOLY
BODY AND BLOOD
OF CHRIST
W

7 TENTH WEEK IN
ORDINARY TIME
G

8 G

9 St. Ephrem, Deacon and
Doctor of the Church
GW

10 G

11 THE MOST SACRED
HEART OF JESUS
W

12 THE IMMACULATE
HEART OF THE
BLESSED VIRGIN
MARY
W

13 ELEVENTH
SUNDAY IN
ORDINARY TIME
G

14 Flag Day
G

15 G

16 G

17 G

18 G

19 St. Romuald, Abbot
GWW

20 TWELFTH SUNDAY IN
ORDINARY TIME
Father's Day
G

21 St. Aloysius
Gonzaga, Religious
W

22 St. Paulinus
of Nola, Bishop
Sts. John Fisher
and Thomas
More, Martyrs
GWR

23 G

24 THE NATIVITY
OF ST. JOHN
THE BAPTIST
W

25 G

26 GWW

27 THIRTEENTH
SUNDAY IN
ORDINARY TIME
G

28 St. Irenaeus, Bishop
and Martyr
R

29 STS. PETER AND
PAUL, APOSTLES
R

30 The First Martyrs
of the Holy Roman
Church
GR

In some places, it is customary to begin with the opening words of Psalm 70: "O God, come to my aid; O Lord, make haste to help me", as if to nourish in those who are praying a humble awareness of their own insufficiency.

Glorious Mysteries

The Glorious Mysteries help us, as believers, contemplate how Jesus united heaven and earth through His resurrection by accompanying Mary all the way to her coronation as Queen of Heaven and Earth.

Pray the Glorious Mysteries on Wednesdays and Sundays.

1. **The Resurrection:** God, the Father, raises Jesus from the dead.
2. **The Ascension:** Jesus returns to his Father in heaven.
3. **The Coming of the Holy Spirit:** to bring new life to the community of followers of Jesus.
4. **The Assumption of Mary:** At the end of her life, Mary is taken body and soul into heaven.
5. **The Coronation of Mary:** Mary is crowned as Queen of Heaven and Earth.



The Coronation of the Virgin
Diego Velázquez, 1644

JULY 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

The Rosary has been proposed many times by different popes as a prayer for peace.

JUNE

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AUGUST

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1 St. Junípero Serra, Priest
G W

2 First Friday of the Month
G

3 ST. THOMAS, APOSTLE
R



8 G

9 St. Augustine Zhao Rong, Priest, and Companions, Martyrs
G R

10 G W



15 ST. BONAVENTURE, BISHOP AND DOCTOR OF THE CHURCH
W

16 Our Lady of Mount Carmel
G W

17 G W



22 ST. MARY MAGDALENE
W

23 St. Bridget, Religious
G W

24 St. Sharbel Makhlûf, Priest
G W W



29 ST. MARTHA
W

30 St. Peter Chrysologus, Bishop and Doctor of the Church
G W

31 ST. IGNATIUS OF LOYOLA, PRIEST
W

4 FOURTEENTH SUNDAY IN ORDINARY TIME
Independence Day ★
G

5 St. Anthony Zaccaria, Priest
St. Elizabeth of Portugal
G W W

6 St. Maria Goretti, Virgin and Martyr
G R

7 G

11 FIFTEENTH SUNDAY IN ORDINARY TIME
G

12 G

13 St. Henry
G W

14 ST. KATERI TEKAKWITHA, VIRGIN
W

18 SIXTEENTH SUNDAY IN ORDINARY TIME
G

19 G

20 St. Apollinaris, Bishop and Martyr
G R

21 St. Lawrence of Brindisi, Priest and Doctor of the Church
G W

25 SEVENTEENTH SUNDAY IN ORDINARY TIME
G

26 STS. JOACHIM AND ANNE, PARENTS OF THE BLESSED VIRGIN MARY
W

27 G

28 G

Luminous Mysteries

The new mysteries of the Rosary, called Mysteries of Light, shed light on Jesus by focusing on different facets of His mission and his divine nature. By meditating on them, we come in contact with Jesus, the Light of the World.

Pray the Luminous Mysteries on Thursdays.

1. **The Baptism of Jesus in the River Jordan:** God proclaims that Jesus is his beloved Son.
2. **The Wedding Feast at Cana:** At Mary's request, Jesus performs his first miracle.
3. **The Proclamation of the Kingdom of God:** Jesus calls all to conversion and service to the kingdom.
4. **The Transfiguration of Jesus:** Jesus is revealed in glory to the Apostles.
5. **The Institution of the Eucharist:** Jesus offers his body and blood at The Last Supper for the salvation of the world.



The Wedding Feast at Cana
Julius Schnorr von Carolsfeld, 1819

AUGUST 2021

| SUNDAY | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 1 EIGHTEENTH SUNDAY IN ORDINARY TIME G | 2 St. Eusebius of Vercelli, Bishop St. Peter Julian Eymard, Priest GWW | 3 G | 4 ST. JOHN VIANNEY, PRIEST W | 5 The Dedication of the Basilica of St. Mary Major GW | 6 THE TRANSFIGURATION OF THE LORD First Friday of the Month W | 7 St. Sixtus II, Pope, and Companions, Martyrs St. Cajetan, Priest GRWWW | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 8 NINETEENTH SUNDAY IN ORDINARY TIME G | 9 St. Teresa Benedicta of the Cross, Virgin and Martyr GR | 10 ST. LAWRENCE, DEACON AND MARTYR R | 11 ST. CLARE, VIRGIN W | 12 St. Jane Frances de Chantal, Religious GW | 13 Sts. Pontian, Pope, and Hippolytus, Priest, Martyrs GR | 14 ST. MAXIMILIAN KOLBE, PRIEST AND MARTYR R | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 15 THE ASSUMPTION OF THE BLESSED VIRGIN MARY W | 16 TWENTIETH WEEK IN ORDINARY TIME St. Stephen of Hungary GW | 17 G | 18 G | 19 St. John Eudes, Priest GW | 20 ST. BERNARD, ABBOT AND DOCTOR OF THE CHURCH W | 21 ST. PIUS X, POPE W | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 22 TWENTY-FIRST SUNDAY IN ORDINARY TIME G | 23 St. Rose of Lima, Virgin GW | 24 ST. BARTHOLOMEW, APOSTLE R | 25 St. Louis St. Joseph Calasanz, Priest GWWW | 26 G | 27 ST. MONICA W | 28 ST. AUGUSTINE, BISHOP AND DOCTOR OF THE CHURCH W | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| 29 TWENTY-SECOND SUNDAY IN ORDINARY TIME G | 30 G ◐ | 31 G | The goal of the Rosary is to go more deeply into the content of the good news and to conform our lives more to that of Jesus, the Christ. | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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| | | | <div>JULY</div> <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr><tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr><tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr><tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr><tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr></table> <div>SEPTEMBER</div> <table><tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr><tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr><tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr><tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr><tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr><tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td></tr></table> | | | | S | M | T | W | T | F | S | | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | S | M | T | W | T | F | S | | | | | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | |
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| 11 | 12 | 13 | 14 | 15 | 16 | 17 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
| 18 | 19 | 20 | 21 | 22 | 23 | 24 | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | | |
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Hail, Holy Queen



Hail, Holy Queen, commonly said at the end of the Rosary, is a prayer to Mary, through which we address Mary, the mother of Jesus, as our Holy Queen. It is also known by its Latin name, *Salve Regina*, and is prayed at times of distress.

*Hail, holy Queen, mother of mercy,
our life, our sweetness, and our hope.
To you we cry, poor banished children of Eve;
to you we send up our sighs,
mourning and weeping in this valley of tears.
Turn, then, most gracious advocate,
your eyes of mercy toward us;
and after this, our exile,
show unto us the blessed fruit of your womb, Jesus.
O clement, O loving, O sweet Virgin Mary*



Pentecost
Agostino Masucci, 1746-50

SEPTEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

The recitation of the Rosary calls for a quiet rhythm and a lingering pace, helping the individual to meditate on the mysteries of the Lord's life as seen through the eyes of she who was closest to the Lord.

Saint John Paul II Apostolic Letter *Rosarium Virgins Maria*

1 ^G

2 ^G

3 ST. GREGORY THE GREAT, POPE AND DOCTOR OF THE CHURCH
First Friday of the Month
^W

4 ^G ^W

5 TWENTY-THIRD SUNDAY IN ORDINARY TIME
^G

6 Labor Day ★
^G

7 ^G

8 THE NATIVITY OF THE BLESSED VIRGIN MARY
^W

9 ST. PETER CLAVER, PRIEST
^W

10 ^G

11 ^G ^W

12 TWENTY-FOURTH SUNDAY IN ORDINARY TIME
^G

13 ST. JOHN CHRYSOSTOM, BISHOP AND DOCTOR OF THE CHURCH
^W

14 THE EXALTATION OF THE HOLY CROSS
^R

15 OUR LADY OF SORROWS
^W

16 STS. CORNELIUS, POPE, AND CYPRIAN, BISHOP, MARTYRS
^R

17 St. Robert Bellarmine, Bishop and Doctor of the Church
^G ^W

18 ^G ^W

19 TWENTY-FIFTH SUNDAY IN ORDINARY TIME
^G

20 STS. ANDREW KIM TAE-GÖN, PRIEST, AND PAUL CHÖNG HA-SANG, AND COMPANIONS, MARTYRS
^R

21 ST. MATTHEW, APOSTLE AND EVANGELIST
^R

22 ^G

23 ST. PIUS OF PIETRELICINA, PRIEST
^W

24 ^G

25 ^G ^W

26 TWENTY-SIXTH SUNDAY IN ORDINARY TIME
^G

27 ST. VINCENT DE PAUL, PRIEST
^W

28 St. Wenceslaus, Martyr
St. Lawrence Ruiz and Companions, Martyrs
^G ^R ^R

29 Sts. Michael, Gabriel and Raphael, Archangels
^W

30 ST. JEROME, PRIEST AND DOCTOR OF THE CHURCH
^W

| AUGUST | | | | | | |
|--------|----|----|----|----|----|----|
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| OCTOBER | | | | | | |
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| 31 | | | | | | |

The Memorare

The Memorare is a prayer to the Virgin Mary asking for her help. "Memorare" is the Latin word for "remember". This prayer is originally from a longer prayer from the 15th century known as *Ad sanctitatis tuae pedes, dulcissima Virgo Maria (To Them at Your Feet, Sweet Virgin Mary)*.

Remember, O most gracious Virgin Mary, that never was it known that anyone who fled to thy protection, implored thy help, or sought thine intercession was left unaided.

Inspired by this confidence, I fly unto thee, O Virgin of virgins, my mother; to thee do I come, before thee I stand, sinful and sorrowful. O Mother of the Word Incarnate, despise not my petitions, but in thy mercy hear and answer me.

Amen



Madonna of the Rosary
Giovanni Battista Salvi (Sassoferrato), 1643

OCTOBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

“The family that prays together stays together.”

The Holy Rosary has shown itself particularly effective
as a prayer which brings the family together in
turning their eyes towards Jesus.


Saint John Paul II Apostolic Letter *Rosarium Virgins Maria*


SEPTEMBER

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NOVEMBER


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1 ST. THÉRÈSE OF THE
CHILD JESUS, VIRGIN
AND DOCTOR OF
THE CHURCH
First Friday of the Month



2 THE HOLY
GUARDIAN ANGELS


3 TWENTY-SEVENTH
SUNDAY IN
ORDINARY TIME






4 ST. FRANCIS OF ASSISI


5 Blessed Francis Xavier
Seelos, Priest
 

6 St. Bruno, Priest
Blessed Marie Rose
Durocher, Virgin
  

7 OUR LADY OF
THE ROSARY


8 

9 St. Denis, Bishop,
and Companions,
Martyrs
St. John Leonardi,
Priest
   


10 TWENTY-EIGHTH
SUNDAY IN
ORDINARY TIME





11 St. John XXIII, Pope
*Indigenous Peoples’
Day* ★
 

12 

13 


14 St. Callistus I, Pope
and Martyr
 

15 ST. TERESA OF
JESUS, VIRGIN AND
DOCTOR OF THE
CHURCH


16 St. Hedwig,
Religious
St. Margaret Mary
Alacoque, Virgin
   

17 TWENTY-NINTH
SUNDAY IN
ORDINARY TIME


18 ST. LUKE,
EVANGELIST


19 STS. JOHN DE
BRÉBEUF AND
ISAAC JOGUES,
PRIESTS, AND
COMPANIONS,
MARTYRS


20 St. Paul of the Cross,
Priest
 

21 

22 St. John Paul II, Pope
 

23 St. John of
Capistrano, Priest
  

24 THIRTIETH
SUNDAY IN
ORDINARY TIME


25 

26 

27 

28 STS. SIMON AND
JUDE, APOSTLES


29 

30  

31 THIRTY-FIRST
SUNDAY IN
ORDINARY TIME


Litany of Mary

The *Litany of Mary* is composed of a series of supplication prayers made to God asking the Blessed Virgin for her mediation on our behalf. Some of the titles given to Mary date back to the first centuries of Christianity.

Lord, have mercy on us.
 Christ, have mercy on us.
 Lord, have mercy on us.
 Christ, hear us.
 Christ, graciously hear us.
 God the Father of Heaven,
 have mercy on us.
 God the Son, Redeemer of the world,
 have mercy on us.
 God the Holy Ghost, have mercy on us.
 Holy Trinity, one God, have mercy on us.
 Holy Mary, pray for us.

*("Pray for us." is repeated
 after each litany that follows.)*

Holy Mother of God,.....
 Holy Virgin of virgins,.....
 Mother of Christ,.....
 Mother of divine grace,.....
 Mother most pure,.....
 Mother most chaste,....
 Mother inviolate,....
 Mother undefiled,....
 Mother most amiable,....
 Mother most admirable,....
 Mother of good counsel,....
 Mother of our Creator,....
 Mother of our Savior,....
 Virgin most prudent,....
 Virgin most venerable,....
 Virgin most renowned,....

Virgin most powerful,....
 Virgin most merciful,....
 Virgin most faithful,....
 Mirror of justice,....
 Seat of wisdom,....
 Cause of our joy,....
 Spiritual vessel,....
 Vessel of honor,....
 Singular vessel of devotion,....
 Mystical rose,....
 Tower of David,....
 Tower of ivory,....
 House of gold,....
 Ark of the covenant,....
 Gate of heaven,....
 Morning star,....
 Health of the sick,....
 Refuge of sinners,....
 Comforter of the afflicted,....
 Help of Christians,....
 Queen of angels,....
 Queen of patriarchs,....
 Queen of prophets,....
 Queen of apostles,....
 Queen of martyrs,....
 Queen of confessors,....
 Queen of virgins,....
 Queen of all saints,....
 Queen conceived without Original Sin,....
 Queen assumed into Heaven,....
 Queen of the most holy Rosary,....
 Queen of peace,....



Lamb of God, who
 takes away the sins
 of the world,
 Spare us, O Lord.
 Lamb of God, who
 takes away the sins
 of the world,
 Graciously hear us,
 O Lord.
 Lamb of God, who
 takes away the sins
 of the world,
 Have mercy on us.

Pray for us, O Holy
 Mother of God.
 That we may be
 made worthy of the
 promises of Christ.



Immaculate Conception
 Peter Paul Rubens, 1629

NOVEMBER 2021

CATHOLIC  EXTENSION

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

OCTOBER

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1 ALL SAINTS' DAY

2 THE COMMEMORATION OF ALL THE FAITHFUL DEPARTED (ALL SOULS' DAY)

3 St. Martin de Porres,
Religious

4 ST. CHARLES
BORROMEO, BISHOP

5 First Friday of the Month

6 GW

**7 THIRTY-SECOND
SUNDAY IN
ORDINARY TIME**
*Daylight Saving
Time Ends*
G

8 

9 THE DEDICATION OF THE LATERAN BASILICA

10 ST. LEO THE GREAT, POPE AND DOCTOR OF THE CHURCH

11 ST. MARTIN OF
TOURS, BISHOP
Veterans Day ★
W

12 ST. JOSAPHAT,
BISHOP AND
MARTYR


13 ST. FRANCES
XAVIER CABRINI,
VIRGIN

14 THIRTY-THIRD
SUNDAY IN
ORDINARY TIME

15 St. Albert the Great,
Bishop and Doctor
of the Church

16 St. Margaret of
Scotland
St. Gertrude, Virgin


17 ST. ELIZABETH
OF HUNGARY,
RELIGIOUS

18 The Dedication of the
Basilicas of Sts. Peter
and Paul, Apostles
St. Rose Philippine
Duchesne, Virgin



19 20 

21 OUR LORD JESUS CHRIST, KING OF THE UNIVERSE

22 ST. CECILIA, VIRGIN
AND MARTYR
THIRTY-FOURTH
OR LAST WEEK IN
ORDINARY TIME

23 St. Clement I, Pope
St. Columban, Abbot
Blessed Miguel
Agustin Pro, Priest
and Martyr

24 ST. ANDREW DŨNG-
LẠC, PRIEST, AND
COMPANIONS,
MARTYRS

25 St. Catherine of
Alexandria, Virgin
and Martyr
Thanksgiving Day ★


26 27 

28 FIRST SUNDAY
OF ADVENT

29 

30 ST. ANDREW,
APOSTLE

Blessed Bartolo Longo understood the recitation of the Hail Marys as a “chain” which links us to God. A sweet chain; for sweet indeed is the bond to God who is also our Father.

Saint John Paul II Apostolic Letter *Rosarium Virginis Mariae* (adapted)

DECEMBER

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The Angelus

The Angelus is a devotion commemorating Mary's Fiat ("Yes.") to being the mother of Jesus, the Son of God made flesh. Her words: "Be it done unto me according to your word" changed the world forever. It is commonly prayed at noon.

*V/. The Angel of the Lord declared unto Mary,
R/. And she conceived of the Holy Spirit.*

Hail Mary...

*V/. Behold the handmaid of the Lord,
R/. Be it done unto me according to your word.
Hail Mary...*

*V/. And the word was made flesh,
R/. And dwelt among us.*

Hail Mary...

*V/. Pray for us, O holy Mother of God,
R/. That we may be made worthy of the promises of Christ.*

Let us pray. Pour forth, we beseech you, O Lord, your grace into our hearts: that we, to whom the incarnation of Christ your Son was made known by the message of an angel, may by his passion and cross be brought to the glory of his resurrection. Through the same Christ, our Lord.

Amen



The Nativity
Carl Heinrich Bloch, 1881

DECEMBER 2021

SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

NOVEMBER

| S | M | T | W | T | F | S |
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In praying the Rosary,
we remember Christ with Mary.

1 ^V

2 ^V

3 ST. FRANCIS XAVIER,
PRIEST
First Friday of the Month
^W

4 St. John Damascene,
Priest and Doctor
of the Church
^V^W

•

5 SECOND SUNDAY
OF ADVENT
^V

6 St. Nicholas, Bishop
^V^W

7 ST. AMBROSE, BISHOP
AND DOCTOR OF THE
CHURCH
^W

8 THE IMMACULATE
CONCEPTION OF
THE BLESSED
VIRGIN MARY
^W

9 St. Juan Diego
Cuahtlatotzin
^V^W

10 ^V

11 St. Damasus I, Pope
^V^W

•

12 THIRD SUNDAY
OF ADVENT
^V or ^{Ro}

13 ST. LUCY, VIRGIN
AND MARTYR
^R

14 ST. JOHN OF THE
CROSS, PRIEST
AND DOCTOR OF
THE CHURCH
^W

15 ^V

16 ^V

17 ^V

18 ^V

19 FOURTH SUNDAY
OF ADVENT
^V

20 ^V

21 St. Peter Canisius,
Priest and Doctor of
the Church
^V

22 ^V

23 St. John of Kanty,
Priest
^V

24 ^V

25 THE NATIVITY
OF THE LORD
(CHRISTMAS)
^W

○

26 THE HOLY FAMILY
OF JESUS, MARY
AND JOSEPH
^W

27 ST. JOHN, APOSTLE
AND EVANGELIST
^W

28 THE HOLY
INNOCENTS,
MARTYRS
^R

29 FIFTH DAY WITHIN
THE OCTAVE OF
THE NATIVITY OF
THE LORD
St. Thomas Becket
Bishop and Martyr
^W

30 SIXTH DAY WITHIN
THE OCTAVE OF
THE NATIVITY OF
THE LORD
^W

31 SEVENTH DAY
WITHIN THE OCTAVE
OF THE NATIVITY OF
THE LORD
St. Sylvester I, Pope
^W

○

JANUARY 2022

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| 16 | 17 | 18 | 19 | 20 | 21 | 22 |
| 23 | 24 | 25 | 26 | 27 | 28 | 29 |
| 30 | 31 | | | | | |



Building Faith | Inspiring Hope | Igniting Change



By displaying this calendar in your home or workplace, you, along with our sponsors, are joining millions of other Catholics in supporting the work of Catholic Extension. While Catholic Extension's calendars are inspiring, they also serve a crucial purpose: 100% of the proceeds go directly to impoverished Catholic communities across the United States.

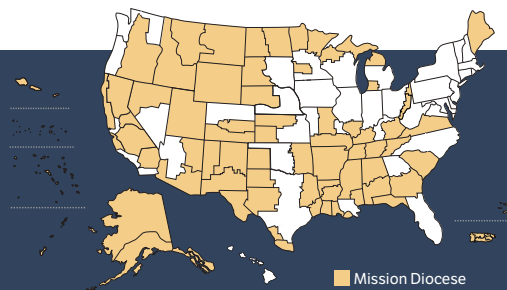
Since 1905, Catholic Extension has partnered with donors — committed Catholics just like you — to bring the Church to all corners of our country. Our mission is to build faith, inspire hope and ignite change in parishes that are alive with faith and spirit but lack financial resources to support their ministries and programs. They can't do it alone, and with the help of our donors, we provide the necessary resources to more than 90 mission dioceses, from Alaska to the Gulf Coast, that serve 15 million Catholics — **one in every five Catholics in America.**

As you enjoy this calendar, I invite you to open your heart and learn more about Catholic Extension. Visit us at www.catholicextension.org or call us at **800-842-7804**. Find out how you can deepen your relationship with Catholic Extension and strengthen the link between faith and charity in your own life.

Yours in Christ,

Rev. John J. Wall, President

SERVING ONE
IN EVERY FIVE
CATHOLICS
IN AMERICA



LEARN MORE AT WWW.CATHOLICEXTENSION.ORG OR CALL US AT 800-842-7804.

CALENDAR KEY

Colors of the Liturgical Year are displayed in the date number:

- | | |
|------------------------------|---------------------------|
| 1 Advent & Lent | 4 The Triduum |
| 2 Easter & Christmas Seasons | 5 Holy Days of Obligation |
| 3 Ordinary Time | 6 Penitential Day |

Holy Days of Obligation are red and uppercase:

THE ASCENSION OF THE LORD

Solemnities, feasts and obligatory memorials are uppercase:

ST. ELIZABETH ANN SETON

Optional memorials are capitalized:

St. Hilary

National holidays appear in italic:
Mother's Day

Federal holidays appear in italic with a star:

Thanksgiving Day ★

Vestment colors are noted last, with abbreviations:

B = BLACK **R** = RED **V** = VIOLET
G = GREEN **RO** = ROSE **W** = WHITE

Lunar phases are observed in Universal Time as dated by the U.S. Naval Observatory Astronomical Applications Department.

ABSTINENCE ∞

Abstinence is a penitential practice consisting of refraining from the consumption of meat and is to be observed by all Catholics who are 14 years of age and older. Ash Wednesday, Good Friday and the Fridays during Lent are days of abstinence. Pastors and parents are encouraged to see that children who are not bound by the obligation to fast and abstain are led to appreciate an authentic sense of penance.

FAST & ABSTINENCE ∞

In addition to abstinence, fasting is to be observed by all Catholics between the ages of 18 and 59 years (inclusive). On Ash Wednesday and Good Friday, one full meal is allowed. Two smaller meals, sufficient to maintain strength, may be taken according to one's needs, but together they should not equal another full meal. Eating between meals is not permitted, but liquids are allowed. Note: Those who are unable to observe the above regulations due to ill health or other serious reasons are urged to practice other forms of self-denial that are suitable to their condition.